



॥ आयुषे सर्वलोकानाम् ॥

भारतीय चिकित्सा पद्धति राष्ट्रीय आयोग
आयुष मंत्रालय, भारत सरकार
कार्यालय: टी-19, पहली और दूसरी मंजिल, ब्लॉक-IV, धन्वन्तरि भवन,
मार्ग नंबर- 66, पंजाबी बाग (पश्चिम), नई दिल्ली-110026
National Commission for Indian System of Medicine
Ministry of AYUSH, Govt. of India
Office: T-19, 1st & 2nd Floor, Block-IV, Dhanwantari Bhawan,
Road No.- 66, Punjabi Bagh (West), New Delhi-110026

दूरभाष / Phone
समापति / Chairman: 25221001
सचिव / Secretary: 25221006
कार्यालय / Office: 25221002/3
पंजीयन / Registration: 25221004
www.ncismindia.org
secretary@ncismindia.org

Ref. No. Sec/Commission/2025/Misc.

Dated: 10-02-2026

To

The Head of the Institutions,
Ayurveda Colleges/Institutions (As per the list)

Subject: Participation in CCRAS Research Project "A Cross sectional Survey to study the distribution pattern of different Prakriti types across India A Multi centric Study" – regarding.

Madam/Sir,

The National Commission for Indian System of Medicine (NCISM) hereby informs that the Central Council for Research in Ayurvedic Sciences (CCRAS), Ministry of Ayush, Government of India, is undertaking a pan-India research project titled "A Cross-sectional Survey to study the distribution pattern of different Prakriti types across India — A Multi-centric Study", with a proposed sample size of **92,400 participants**.

The objectives of the study are to access the distribution pattern of different Prakriti types across India and to study their association with the health status of the population. The project shall be implemented through the peripheral institutes/units of CCRAS, in collaboration with **NCISM-recognized Ayurveda Colleges**, strictly in accordance with the protocol and directions issued by CCRAS.

The study involves assessment of Prakriti using the **CCRAS AYUSH Prakriti Web Portal** and assessment of health status using the **Swasthya Assessment Scale (SAS) Portal of CCRAS**. Basic demographic details, along with Prakriti and SAS scores, shall be recorded in the **Electronic Case Record Form (ECRF)**. Each participating college shall nominate **two eligible faculty members**, one as **Principal Investigator** and one as **Co-Investigator**, to function as nodal officers for execution of the study at the institutional level. CCRAS shall provide requisite training to the nominated faculty. No separate financial assistance shall be admissible to the colleges; however, **due authorship shall be extended** to the investigators in scientific publications arising from the study.

In view of the above, **all NCISM-recognized Ayurveda Colleges (as per the list enclosed)** are hereby directed to participate in the said research project and shall extend full cooperation and coordination with the concerned CCRAS institutes/units for its effective and timely implementation. The colleges shall forward the details of the nominated faculty members and the duly signed consent form (enclosed) to the designated CCRAS nodal centre within the prescribed timeline.

This is issued with the approval of Competent Authority.

Yours Faithfully

Sachidanand Prasad
Secretary, NCISM

सचिव/Secretary
SACHIDANAND PRASAD
सचिव/Secretary

भारतीय चिकित्सा पद्धति राष्ट्रीय आयोग
National Commission for Indian System of Medicine
पंजाबी बाग (पश्चिम)
Punjab Bagh (West), New De

Copy for kind info. :

1. The Chairperson, NCISM.
2. Guard File.

LIST OF AYURVEDA COLLEGES FOR THE CCRAS RESEARCH "A Cross-sectional Survey to study the distribution pattern of different prakriti types across India- A multi centric Study"-

S. N.	Coordinating CCRAS Institute	Name of the college
1.	RARI Thiruvananthapuram	<ol style="list-style-type: none"> 1. Govt. Ayurveda College, Thiruvananthapuram 2. Pankajakasthuri Ayurveda Medical College, Thiruvananthapuram 3. Sree Narayana Ayurveda College, Puthoor, Kottarakkara 4. Amrita Ayurveda College, Kollam 5. Maria Ayurveda Medical College, Marthandam 6. Immanuel Arasar Ayurveda Medical College, Marthandam 7. Government Ayurveda Medical College, Nagerecoil 8. Mannam Ayurveda Co-operative Medical College, Pandalam 9. Govt. Ayurveda College, Tripunithura
2.	NARIP Cheruthuruthy	<ol style="list-style-type: none"> 1. Nangelil Ayurveda Medical College, Kothamangalam, 2. Santhigiri Ayurveda Medical College, Palakkadu 3. Vaidyaratnam P.S. Varier Ayurveda College, Kottakkal 4. PNNM Ayurveda Medical College, Shoranur, 5. Government Ayurveda College, Kannur 6. Vaidyaratnam Ayurveda College, Ollur 7. P.N. Panicker Souhruda Trust's Ayurveda Medical College, Kasaragod 8. Vishnu Ayurveda College, Palakkad 9. KMCT Ayurveda Medical College, Kozhikkode- 10. Parassinikkadavu Ayurveda Medical College, Kannur 11. Ahalia Ayurveda Medical College, Palakkad 12. Ashtamgam Ayurveda Chikisalyam & Vidyapeedham Palakkad,
3.	CSMCARI, Chennai	<ol style="list-style-type: none"> 1. Sri Jayendra Sarswathi Ayurveda College & Hospital Bangalore Sri Sai Ram Ayurveda Medical College & Research Tamil Nadu
4.	RARI Mandi	<ol style="list-style-type: none"> 1. RGGPGAC Paprola, 2. Shiva Ay. College Bilaspur 3. Abhilashi Ay. College Mandi 4. Awasthi Ay. College Solan.
5.	ALRARI Chennai	<ol style="list-style-type: none"> 1. Dharma Ayurved Medical College & Hospital, Kancheepuram. 2. Tamil Nadu Government Ayurveda Medical College and Hospital 3. Nandha Ayurveda Medical College and hospital 4. Ayurveda College, RVS Campus,
6.	RARI, Gwalior	<ol style="list-style-type: none"> 1. Govt. Auto Ayurved College & Hospital, Amkho, Lashkar, 2. Pt. Khushilal Sharma Govt. (Autonomous) Ayurved College & Institute, Madhya Pradesh 3. Government Autonomous Ayurved College, Gwarighat, 4. Rajiv Gandhi Ayurvedic College & Hospital, Madhya Pradesh, 5. Mansarovar Ayurvedic Medical College, Hospital & Researc Center Madhya Pradesh, 6. L.N. Ayurved College & Hospital, Madhya Pradesh, 7. Dr. Shankar Dayal Sharma Ayurved college, Bhopal, Madhya pradesh, 8. Sarvepalli Radhakrishnan College of Ayurveda, Hospital & Research Centre.

		<p>9. Ram Krishna College of Ayurveda and Medical Sciences, Madhya Pradesh</p> <p>10. Radharaman Ayurved Medical College Research Hospital, Bhopal</p> <p>11. Government Autonomous Dhanwantri Ayurved College, Madhya Pradesh</p> <p>12. Rani Dullaiya Smriti Ayurvedic P.G. College & Hospital, Madhya Pradesh</p> <p>13. Veenavadini Ayurved College & Hospital, Akbarpur, Madhya Pradesh</p> <p>14. Parashar Ayurvedic Medical College & Hospital, Madhya Pradesh</p> <p>15. Sri Sai Institute of Ayurvedic Research & Medicine, Madhya Pradesh</p>
7.	CARI, New Delhi	<p>1. Ayurved & Unani Tibbia College and Hospital</p> <p>2. Ch. Brahm Prakash Ayurved Charak Sanst an.</p> <p>3. All India Institute of Ayurveda, New Delhi</p> <p>4. Shri Krishna Govt. Ayurvedic College & Hospital, Haryana</p> <p>5. Chaudhary Devilal College of Ayurveda, Bhagwargarh, Haryana</p> <p>6. Faculty of Indian Medical System, SGT University, Haryana</p> <p>7. Shri Maru Singh Memorial Institute of Ayurveda, Haryana</p> <p>8. Lal Bahadur Shastri Mahila Ayurvedic College & Hospital, Haryana</p> <p>9. G.S. Ayurveda Medical College & Hospital, Uttar Pradesh</p> <p>10. Shree Ram Ayurvedic Medical College and Hospital,</p>
9.	RARI, PATNA	<p>1. Government Ayurvedic College & Hospital, Patna</p> <p>2. Himalaya Ayurvedic Medical College & Hospital, Patna</p> <p>3. Dr. Prakash Chandra Ayurvedic Medical College and Hospital, Bihar</p> <p>4. J.P. Institute of Ayurvedic & Medical Sciences, Bihar</p>
10.	CARI, PATIALA	<p>1. Government Ayurvedic College, Patiala</p> <p>2. Desh Bhagat Ayurvedic College & Hospital.</p> <p>3. Shri Dhanwantri Ayurvedic College, and Hospital, Chandigarh</p> <p>4. Saraswati Ayurved Hospital and Medical College, Mohali</p>
11.	CARI Guwahati	<p>1. Govt Ayurvedic Collage Guwahati,</p> <p>2. USTM Ayurveda Collage Meghalaya</p> <p>3. NEIAH Shillong Meghalaya</p>
12.	CCRAS-NIIMII, Hyderabad	<p>1. Dr BRKR Government Ayurveda College, ESI, Hyderabad;</p> <p>2. AIIMS, Bibinagar;</p>
13.	RARI Lucknow	<p>1. State Ayurvedic College & Hospital, Uttar Pradesh</p> <p>2. Prabudha Ayurvedic Medical College, Hospital & Research Centre, Lucknow</p> <p>3. Institute of AYUSH Medical Sciences, Lucknow</p> <p>4. Ankerite Ayurvedic Medical College & Hospital, Lucknow</p> <p>5. Javitri Institute of Ayurveda Medical Sciences, Lucknow</p> <p>6. Goel Ayurvedic Medical College and Hospital, Lucknow</p> <p>7. R.G.S. Ayurvedic Medical College & Research Center, Lucknow</p> <p>8. Shri Ramachandra Vaidya Ayurvedic Medical College and Hospital, Lucknow</p> <p>9. Sardar Patel Institute of Ayurvedic Medical Science & Research Centre, Lucknow-</p>

		10. Babu Yugraj Singh Ayurvedic Medical College & Hospital, Lucknow
14.	RRAP CARI, Mumbai	<ol style="list-style-type: none"> 1. Ayurved Seva Sangh's Ayurved Mahavidyalaya Ganeshwadi, Maharashtra. 2. R.A. Podar Ayurved Medical College Dr. Annie Besant Road, Worli, Mumbai 3. Ayurved Prasarak Mandal's Ayurved Mahavidyalaya, Distt. Mumbai 4. Yerala Medical Trust Ayurvedic Medical College & Hospital Institutional area, Maharashtra 5. Shri Narsingh K. Dube Charitable Trust's Nalasopara Ayurved Medical College & Hospital, Maharashtra 6. Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Maharashtra 7. Smt. Kamaladevi Gauridutt Mittal Puanvasu Ayurved Mahavidyalaya 8. B.R. Harne Ayurvedic Medical College, Maharashtra 9. Ideal College of Ayurved, Village-Posheri, Maharashtra
15.	M.S. Regional Ayurveda Research Institute, Jaipur	<ol style="list-style-type: none"> 1. National Institute of Ayurveda, Jaipur, 2. University College of Ayurveda, Rajasthan, 3. Madan Mohan Malviya Govt. Ayurveda College, Udaipur, Rajasthan 4. Govt. Ayurvedic Mahavidyalaya, Jaipur Rajasthan, 5. Mahatma Jyotiba Fule Ayurveda Mahavidyalaya, Jaipur, Rajasthan
16.	RARI, RANIKHET	Kaya Ayurvedic College and Research Centre, Uttarakhand
17.	RARI, Ahmedabad	<ol style="list-style-type: none"> 1. Govt. Akhandanand Ayurved College & Hospital, Ahmedabad 2. Govt. Ayurved Mahavidyalaya & College, Vadodara 3. State Model Institute of Ayurveda Sciences, Kolavada, Gandhinagar 4. Aarohant Ayurvedic Medical College & Research Institute, Gandhinagar 5. Sumandeep Ayurved Medical College & Hospital, Vadodara 6. Monark Ayurved Medical College and Hospital, Ahmedabad 7. Parul Institute of Ayurved, Vaghodiya, Vadodara 8. Govindbhai Jorabhai Patel, Ayurveda College and Research Centre, Valla Vidyanagar 9. Shree Swaminarayan Ayurvedic College, Kalol, Gandhinagar 10. J.S. Ayurved Mahavidyalaya, Nadiad 11. Shri Balahanuman Ayurved Mahavidyalaya, Lodra 12. Manjushree Research Institute of Ayurvedic Science, Gandhinagar 13. Shree Shiddheshwar Hanumanji Ayurveda College, Surendranagar 14. Ananya College of Ayurveda, Gandhinagar 15. Parul Institute of Ayurved & Research, Vaghodiya, Vadodara
18.	CARI, JHANSI	<ol style="list-style-type: none"> 1. Bundelkhand Govt. Ayurvedic College & Hospital, Uttar Pradesh 2. Government Ayurvedic College & Hospital, Uttar Pradesh 3. Naiminath Ayurvedic Medical College, Hospital and research, centre, N.H.-2, Nawalpur, Near Kuberpur, Etmadpur, Agra, Uttar Pradesh, 283202 4. Dr. Krishna Gopal Dwivedi Ayurvedic Medical College & Hospital, Uttar Pradesh 5. R.B. Ayurvedic Medical College & Hospital, Uttar Pradesh 6. S.R.S. Ayurvedic Medical College and Hospital, Uttar Pradesh

		<p>7. M. D. Ayurvedic College & Hospital, Uttar Pradesh</p> <p>8. S. R. M. Govt. Ayurvedic College, Uttar Pradesh</p> <p>9. Shri Lal Bahadur Shastri Smarak Govt. Ayurvedic College & Hospital, Uttar Pradesh</p> <p>10. Govt. Ayurvedic College & Hospital, Sampoomanand Sanskrit University, Varanasi</p>
19.	RARIM&MMR, Goa	<p>1. All India Institute of Ayurveda, Dargal Goa</p> <p>2. Gomantak Ayurved Mahavidyalaya and Research Centre, Shiroda, Goa</p> <p>3. KLE Ayurveda Medical College & Hospital Chikodi</p> <p>4. Ayurveda Mahavidyalaya and Hospital, Hubli</p> <p>5. Mahaganapati Ayurvedic Medical College and Hospital, Dharwad</p>
20.	RARI, Vijayawada	<p>1. Dr. NRS Government Ayurveda College, Vijayawada</p> <p>2. Sri Adi Siva Sadguru alli saheb sivaryula ayurveda medical College and research centre, Guntakal</p> <p>3. Sri Venkateswara Ayurvedic College & Hospital, Tirupati</p>
21.	CARI, KOLKATA	<p>1. J. B. Roy State Ayurvedic Medical College and Hospital</p> <p>2. Institute Of Post Graduate Ayurvedic Education and Research</p>
22.	CARI, BHIUBANESWAR	<p>1- Gopabandhu Ayurveda Mahavidyalaya, Puri.</p> <p>2- Government Ayurveda College, Balangir</p> <p>3- SSN Ayurveda College and Research Centre, Paikamal, Sambalpur</p>
23.	RARI, Nagpur	<p>1. Bhau Saheb Mulak Ayurved Mahavidyalaya, Nandanwan, Nagpur</p> <p>2. Shri Ayurved Mahavidyalaya, Hanuman Nagar, Nagpur</p> <p>3. Mahatma Gandhi Ayurved College, Hospital & Research Centre, Salod Hirapur, Distt. Wardha</p> <p>4. Bhausahab Mulak Ayurved College & Research Hospital, Nagpur</p> <p>5. Govt. Ayurvedic College, Raje Raghujji Nagar, Umrer Road, Sakkardara Chowk, Nagpur</p> <p>6. Jupiter Ayurved Medical College & Hospital, Shankarpur, Nagpur</p>
24.	RARI Pune	<p>1. Tilak Ayurveda Mahavidyala rasta peth, Pune</p> <p>2. Dr DY Patil College of Ayurved and Research Centre, Pune</p> <p>3. Ashtang Ayurved Mahavidyalaya, Pune</p> <p>4. Bharati Vidyapeeth Deemed University College of Ayurved, Pune</p> <p>5. Pune District Education Association's College of Ayurveda & Research Centre.</p> <p>6. Sumatibhai Shah Ayurved Mahavidyalaya, Malwadi / Hadapsar, Pune</p> <p>7. Bharatiya Sanskriti Darshan Trust's Ayurved Mahavidyalaya, Wagholi (Pune district)</p>
25.	RARI Jammu	<p>1. Government Ayurvedic Medical College, Akhnoor, Jammu & Kashmir</p> <p>2. Jammu Institute of Ayurved & Research, Jammu Tawi-181123</p> <p>3. Shri Lakshmi Narayan Ayurvedic College, Amritsar-143001, Punjab</p> <p>4. Dayanand Ayurvedic College, Distt. Jalandhar-144008, Punjab</p> <p>5. Sri Satya Sai Murlidhar Ayurvedic College & Hospital, Distt. Moga-142001, Punjab</p>